

# Life Energy

## Client Worksheet

ID #		<b>SAFent Name</b>	
Practical #		<b>Date</b>	
CSR #		<b>Time</b>	
		<b>Location</b>	

MAJOR COMPLAINT: \_\_\_\_\_

SAFent SUBJECTIVE:

CHAIN: \_\_\_\_\_

LEAD:

CORE:

ANCHOR:

UPLINKS:

STRESS #:

The chain says: you're having difficulty with (core) \_\_\_\_\_, which has resulted in (lead) \_\_\_\_\_, and is held in place by an event in the past related to (anchor) \_\_\_\_\_.

NOTES (SAFent subjective):

How does this relate to (major complaint)\_\_\_\_\_?

NOTES (CSR notes, age of certain links, emotions, and coding):